

Eve Newsome

Lecturer in Wind (oboe) Queensland Conservatorium Griffith University, Australia
Optimal performance music coach

Eve Newsome is an experienced performer in many different capacities having won positions in Australia as Principal Oboe with the Queensland Philharmonic, Tutti oboe with the Melbourne Symphony and Principal Cor Anglais with Orchestra Victoria. She has toured internationally with the Australian Chamber Orchestra and the Melbourne and Adelaide Symphony Orchestras throughout Europe, Asia and the USA. Eve has featured as a soloist on oboe, oboe d'amore and cor anglais with the Queensland Philharmonic, Orchestra Victoria and Camerata of St Johns.

Eve is a founding member of many chamber ensembles including Lunaire Collective, ensemble in residence at Griffith University Queensland Conservatorium (QCGU). Prior to becoming Lecturer in Wind at QCGU in 2008, she lectured in oboe, chamber music and optimal experience at the University of Melbourne and the Australian National University. Since that time Eve has been active as an optimal performance music coach, teaching music students, professionals and music teachers her innovative *Flow* Music Method. It is based on optimal experience techniques and concepts from sport and other domains pertinent to music. She has been invited internationally to lecture in flow at the Sibelius Academy, Finland, the Royal Conservatory in the Netherlands and the Cork Institute of Technology in Ireland as well as within Australia and New Zealand where she has presented at numerous conferences and seminars. She is currently completing a PhD on optimal experience in instrumental practice and performance at QCGU.